

# LUNCH MENU

## STARTERS

**Creamy tomato & basil soup (GFA,VEA,V,DFA)**  
**£6.50**

served with toasted ciabatta & butter.

**Buffalo chicken wings (GF) £7.50**

served with garnish & blue cheese dip.

**Potato Skins (GF) £7**

a choice of cheddar & chive (V) or cheddar & bacon loaded skins, served with BBQ sauce or herbed dip.

**Halloumi fries (V,GF)£7**

served with dressed salad & sweet chilli sauce.

**Nachos (GF,V,VEA) £6.50**

loaded with cheese, salsa, guacamole, sour cream & jalapenos. Add chilli or pulled pork for £2

**Falafel bites (GF,DF,V,VE) £7**

served with dressed salad & herbed dip.

## MAIN COURSES

**Scampi & chips £16**

breaded scampi served with chips, lemon wedge, homemade tartare sauce & garden or mushy peas.

**Steak & ale pie £16.50**

served with rich gravy & creamy mash or chips, & seasonal vegetables or mushy peas.

**Beef Burger (GFA) £14**

beef patty served in a brioche bun with salad, relish & chips.

**10oz Gammon (DFA,GFA) £18**

served with pineapple & egg, peashoots, chips, onion rings, peas, tomato & mushroom.

**Goat cheese & caramelised walnut salad (GF,V,VEA)**  
**£12**

Add grilled chicken or king prawn £5.

**Falafel Burger (GFA,VE,V) £14**

falafel patty served in a brioche bun with salad, relish & chips.

## SMALL BITES

**Mini scampi & chips £9**

breaded scampi served with chips, tartare, lemon wedge & garden or mushy peas.

**5oz Gammon £9**

served with chips, garden peas & egg or pineapple.

**Beef or vegetable Chilli con carne £9**

served with white rice.

**Ham, egg & chips £9**

hand carved ham, chips & egg.

## JACKET POTATOES

**Jacket potato with choice of filling, served with side salad & homemade coleslaw.**

Homemade beef (GF) or vegetable (GF,VE,V) chilli con carne, baked beans (GF,VE,V), tuna mayonnaise (GF) or cheddar cheese (GF,V,VEA). £7.50

Add toppings £2.

## COLD SANDWICHES

Freshly made & served on a choice of white or brown bloomer bread (GFA) with salad garnish & homemade coleslaw. Add chips or soup £2.

Beef, horseradish & tomato £7

Roast chicken salad £7

Ham & mustard (DFA) £7

Cheddar & homemade caramelised onion  
(V,VEA) £7

## HOT CIABATTA

Freshly made & served on a toasted ciabatta with salad garnish & homemade coleslaw. Add chips or soup £2.

BBQ Pulled pork (DFA) £8.50

homemade BBQ pulled pork with melted mozzarella.

Caprese (V) £8

melted mozzarella, tomato, fresh basil & pesto.

BLT (VEA,VA) £8

bacon, lettuce & tomato with mayonnaise. Tofu option available.

Fish Finger (DFA) £8.50

hand battered fish fingers, ice berg lettuce & homemade tartare sauce.

## LOADED CHIPS

Pulled pork & mozzarella (GFA,DFA) £9

Beef Chilli & Cheddar (GFA,DFA) £8

Veg Chilli & vegan cheese  
(GFA,DFA,VEA,VA) £8

Bacon & cheddar (GFA,DFA) £7.50

Cheddar & mozzarella (GFA,DFA,VEA,VA)  
£6.50

Salt & pepper (GFA,DFA,VEA,VA) £7

## SIDES

Chips (GFA,DFA,VEA,VA) £3.50

Side salad (V,VE,GF,DF) £3.50

Garlic bread (V) £3.50

Cheesy garlic bread (V) £4.50

Onion rings £3.50

Seasonal vegetables (GF,V) £3.50

Coleslaw (GF,DF,VE,V)£3

Halloumi fries (GF,V) £5

## SERVICE

**SERVED 12-3 PM, BOOKING RECOMMENDED.  
PLEASE ASK FOR ANY DIETARY REQUIREMENTS.**

THE  
MANIFOLD INN



@The Manifold Inn Hotel



@themanifoldinn